

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Pulaski

LCC Name: Pulaski County Drug Free Council

LCC Contact: Debbie Mix

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City: Winamac

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County Commissioners: Maurice Loehmer, Charles Mellon, John "Mike" McClure

Address: c/o Auditor, Courthouse

City: Winamac

Zip Code: 46996

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

To keep our community free of substance abuse and addictions and to enhance the quality of life of Pulaski County.

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

To network and support a county-wide effort to reduce alcohol, tobacco and other drug abuse among our youth and adults in Pulaski County.

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	Sandra Lucas	Probation	W	F	Criminal Justice
2	Andrea Keller	Health Dept.	W	F	Treatment/Prevention
3	Linda Webb	PMH	W	F	Treatment/Prevention
4	Chris Schramm	Sheriff	W	M	Criminal Justice
5	Angel Hanson	Prosecutor/Of	W	F	Treatment/Prevention
6	Karen Butler	WCHS	W	F	Treatment/Prevention
7	Nicole Hiatt-Drang	FCCC	W	F	Treatment/Prevention
8	Michelle Schmicker	Citizen	W	F	Treatment/Prevention
9	Debbie Mix	Purdue Ext	W	F	Prevention
10	Melissa A'Hearn	CCB	W	F	Prevention
11	Dr. Carrie Cadwell	FCCC	W	F	Treatment/Prevention
12	Leeann Wright	PCComm.Fndn	W	F	Individual
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**LCC Meeting Schedule:**  
Please provide the months the LCC meets throughout the year:  
JAN-FEB-MAR-APR-MAY-JUNE-JULY-AUG-SEP-OCT-NOV

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name
Pulaski
County Population
12,485
Schools in the community
Eastern Pulaski Community School and West Central School Corporation
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)
Pulaski Memorial Hospital
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)
4C Health; Keys Counseling; Gearhart Counseling
Service agencies/organizations
FSSA; DCS; Pulaski County Human Services
Local media outlets that reach the community
Pulaski County Journal; Francesville Tribune; Pulaski Post; WKVI Radio
What are the substances that are most problematic in your community?
Opioids; Meth; Marijuana; Alcohol; Tobacco
List all substance use/misuse services/activities/programs presently taking place in the community
Four County Counseling Center; 12 Step Recovery; Recovery Coaching; AA; Key Counseling

## Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Availability of Alcohol and Drugs	1. Probation involvement 2. Sheriff's Dept. data 3. Schools	1. Ease of availability 2. Limited prevention programs 3. Limited family activities
2. Limited Prevention & Recovery Resources	1. AA 2. FCCC 3. Sheriff/Coroner reports	1. No transportation 2. Lack of treatment agencies 3. Lack of Insurance
3. Weak Family Relationships	1. Strengthening Families Program 2. DCS/CHINS/data 3. McKinney-Vento law homeless reports	1. Limited family interaction 2. Lack of funding 3. Economic disadvantage
Protective Factors	Resources/Assets	Limitations/Gaps

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

<p>1. Youth Opportunities</p>	<p>1. Youth Programs (4-H, Scouting, Warrior Up Club)</p> <p>2. Afterschool childcare</p> <p>3. Library programs</p>	<p>1. Lack of transportation</p> <p>2. Lack of mentors</p> <p>3. Lack of funding options</p>
<p>2. Adult positive connection</p>	<p>1. Youth programs (FFA, Scouts, Sports, 4-H)</p> <p>2. Library programs</p> <p>3. Strengthening Families</p>	<p>1. Limited access to programs</p> <p>2. Funds based on donations/gifts</p> <p>3. Lack of funds</p>
<p>3. Step Ahead Programs</p>	<p>1. Family Treatment Court</p> <p>2. Veterans Treatment Court</p> <p>3. Purdue Extension</p>	<p>1. Lack of interest</p> <p>2. Limited resources</p> <p>3. Limited Mentors/volunteers</p>

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1.Limited Prevention, Treatment, and Recovery Resources	1.Pulaski County does not have adequate prevention, treatment, and recovery resources to fit the needs of all families  2.Pulaski County does not have housing or facilities for people or families needing prevention, treatment, and recovery services  3.Pulaski County needs more awareness on alcohol and drug prevention, treatment and Recovery options through education
2.Availability of Alcohol and Other Drugs	1.Youth in our county has increased use including tobacco, vaping, and marijuana  2.Family disputes in our county commonly involve alcohol and drugs  3.Drinking and Driving is problematic within our county.
3. Weak Family Relationships	1.Limited economic resources prevents youth from getting things they need to succeed  2.Drugs are present in the daily lives of many families in Pulaski County and hinder the family bonds

	3.Few mental health resources for our families
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**Step 2: Evidence-Informed Problem Statements**

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1.Alcohol and drug related offenses	Alcohol excessive drinking 18% And Drug Overdose has risen by .8% in 2022 over the previous years compared to Indiana stats. 35% for Pulaski and 28% for IN	2022 County Health Rankings
2.Pulaski County has limited resources for substance use/abuse due to economic disadvantage	2023 poverty rate is 11.5%  Unemployment rate is 3.5%	US Census Bureau  February 2023 Indiana Employment Report
3.Pulaski County does not have adequate prevention and recovery resources to fit the needs of all families	AA participants  Recovery Coaching  Strengthening Families-program is changing and not yet available  PMH Health Fair-not held due to COVID	4C Health, [formerly Four County Counseling Center (FCCC)]  Purdue Extension  Region 1, CCB

**Step 3: Brainstorm**

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
<p>1. Alcohol and drug related offenses in Pulaski County continue to be an issue among the adults and underage youth</p>	<p>1.Purchase home drug test kits for parents</p> <p>2.Support the Pulaski County judicial system and other county substance abuse programs and provide Narcan access throughout the county.</p> <p>3.Encourage programs being sponsored at the local school corporations.</p>
<p>2. Pulaski County does not have adequate prevention and recovery resources to fit the needs of all families.</p>	<p>1.Provide resource cards and distribute throughout the county.</p> <p>2.Provide support/funding peer recovery support person training and identify what resources are needed</p> <p>3.Partner with local organizations to bring family-based programs to the community</p>
<p>3.Drinking and Driving is a major problem in our community</p>	<p>1.Support and assist community alcohol related programs for prevention and education</p> <p>2.Support funding for intervention and treatment for individuals</p> <p>3.Support law enforcement needs</p>

**Step 4: Develop SMART Goal Statements**

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

Problem Statement #1
<p>Goal 1 The number of youth suspensions/expulsions will be reduced by 1% by providing a consistent public education effort regarding dangers of ATOD by the end of the 2023-2024 school year.</p>
<p>Goal 2 The number of youth on probation will be reduced by 1% by the end of 2024.</p>
Problem Statement #2
<p>Goal 1 The LCC will provide resources for 200 students/families in need through the end of 2022-2023 school year. This will be known by impact reports of programs and the number of newly</p>

<p>minted resource cards handed out in the schools and elsewhere. If 200 students are not reached, the LCC will investigate other avenues for reaching families and pursue those avenues in the future.</p>
<p>Goal 2 The LCC will provide funding for 1 prevention program in Pulaski County that will be at no cost to participants by March 2024.</p>
<p><b>Problem Statement #3</b></p>
<p>Goal 1 The LCC will provide a reduction of the amount of drinking and driving occurrences in our county by 1% within a one-year period. This will be known by supporting law enforcement agencies with the training and technology to continue their efforts in enforcing laws.</p>
<p>Goal 2 The LCC efforts will assist with the reduction of the amount of adults being incarcerated by 1% within a one-year period.</p>

**Step 5: Plans to Achieve Goals**

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b>	<b>Steps</b>
<p>Goal 1 The LCC will reduce the number of youth suspensions/expulsions by 1% by providing a consistent public education effort regarding dangers of ATOD by the end of the 2023-2024 school year. If a 1% reduction is not achieved within 1 year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1.Fund 1 convocation in each school corporation in the 2023-2024 school year</li> <li>2.Set up a booth at the local health/fair and similar events with ATOD information about a ATOD free lifestyle</li> <li>3.Publish ATOD information on our facebook page one time per month about a ATOD free lifestyle</li> </ol>
<p>Goal 2 The LCC will reduce the number of youth on probation by 1 % by March, 2024. If a 1% reduction is not achieved within 1 year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1.Promote youth activities that encourage positive development.</li> <li>2.Support local law enforcement activities that are involved with those participating with illegal substance use.</li> <li>3.Fund programs to support youth hosted by local organizations</li> </ol>

<b>Problem Statement #2</b>	<b>Steps</b>
<p><b>Goal 1</b> The LCC will provide resources for 200 students/families in need through the end of 2023-2024 school year. This will be known by impact reports of programs. If 200 students are not reached, the LCC will investigate other avenues for reaching families and pursue those avenues in the future.</p>	<ol style="list-style-type: none"> <li>1. Provide funding to Purdue Extension's Strengthening Families Program</li> <li>2. Provide information at one event regarding ATOD resources</li> <li>3. Create resource cards to hand out.</li> </ol>
<p><b>Goal 2</b> The LCC will provide funding for 1 prevention program in Pulaski County that will be at no cost to participants by March, 24. If a 1% reduction is not achieved within 1 year, the LCC's approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Partner with community organizations and the local schools to provide one speaker with a program of ATOD</li> <li>2. Provide the program through the partnership.</li> <li>3.</li> </ol>
<b>Problem Statement #3</b>	<b>Steps</b>
<p><b>Goal 1</b> The LCC will reduce the amount of drinking and driving occurrences in our county by 1% within a one-year period. This will be known by supporting law enforcement agencies with the training and technology to continue their efforts in enforcing laws. If a 1% reduction is not achieved within 1 year, the LCC's approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Support local law enforcement agencies</li> <li>2. Support funding for intervention and treatment for individuals</li> <li>3. Be a partner with law enforcement to provide resources they may need.</li> </ol>
<p><b>Goal 2</b> The LCC will reduce the amount of adults being incarcerated by 1% within a one-year period. If a 1% reduction is not achieved within 1 year, the LCC's approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Support local law enforcement</li> <li>2. Support Veteran's Court</li> <li>3. Support Treatment Court</li> </ol>

## IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$2000.00
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$14000.00
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$16000.00
<b>4</b>	Amount of funds granted last year:	\$0.00
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$4000.00	Intervention/Treatment: \$4000.00	Justice Services: \$4000.00
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$1500.00
Misc. expenses		\$2500.00
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$2000.00	Goal 1: \$2000.00	Goal 1: \$2000.00
Goal 2: \$2000.00	Goal 2: \$2000.00	Goal 2: \$2000.00